



# 2012 Missouri Valley Conference Indoor Track & Field

Missouri Valley Conference  
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## State Farm Missouri Valley Conference Men's Track Athlete of the Week

Greggmar Swift, Indiana State, So., Bridgetown, Barbados



Indiana State sophomore Greggmar Swift continued to dominate the 60 meter hurdle event, posting the fastest time in the preliminaries on Friday at the Meyo Invitational and then winning the event on Saturday to remain undefeated on the indoor season. Swift ran 7.79 seconds for the top time in the preliminaries and came back with a 7.78, just a hundredth of a second off his personal best, to win by a second over Caleb Cross of Arkansas (7.88) and Durell Busby of Wisconsin-Milwaukee (7.96). Swift leads the Valley in the event and ranks ninth nationally.

## State Farm Missouri Valley Conference Men's Field Athlete of the Week

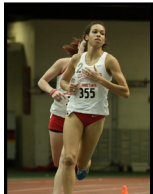
J.C. Lambert, Southern Illinois, Sr., Harrisburg, Ill.



One week after sweeping the throws competition's at UK's Rod McCravy Invitational, J.C. Lambert repeated at the Saluki Invitational this weekend. The seniors' toss in the shot put was recorded at 58-04.50 while he posted a 70-11.75 mark in the weight throw. Lambert's weight throw from the Saluki Open currently ranks him third in the nation when he recorded a distance of 74-04.25.

## State Farm Missouri Valley Conference Women's Track Athlete of the Week

Aisha Praught, Illinois State, Sr., Moline, Ill.



Just one week after breaking a 28-year-old Illinois State record in the mile, senior Aisha Praught goes out and runs three seconds faster at the Meyo Invitational in South Bend, Ind., establishing yet another school mark (4:41.49). With that time, Praught took third in the renowned Meyo Mile and still owns the top spot in the Missouri Valley Conference by ten seconds. After this past weekend's competition, she is ranked 21st overall in the nation in the mile. Her time of 4:41.49 was just seven-tenths of a second behind the MVC indoor record of 4:40.73 set by Desiraye Osburn in 2006. Praught now owns the top-two times in Redbird history.

## State Farm Missouri Valley Conference Women's Field Athlete of the Week

Felisha Johnson, Indiana State, Jr., Indianapolis, Ind.



Junior Felisha Johnson posted a pair of victories in the throw events at the Meyo Invitational this weekend, setting a new Meyo Invitational record in winning the weight throw on Friday and coming back to take the shot put on Saturday. Johnson won the weight throw for the third time in five meets this season with a distance of 67'-10" (20.69) more than a foot better than second place Alexis Thomas of Ohio State who went 66'-1" (20.15 meters). The winning throw broke the meet record of 64'-7" (19.70 meters) set by Maryland's Ruth Kura in 2002. Johnson won the shot put for the third time in five meets this season with her winning toss of 54'-3.75" (16.55 meters) almost three feet further than Dani Bunch of Purdue who was second at 51'-10.5" (15.81 meters). The Sycamore ranks second in the Valley in the weight throw and third in the shot put. She also ranks second nationally in the weight throw and ninth in the shot put.

## OTHER NOTABLES

### Men's Track

Zach Dahleen, Southern Illinois  
Mat Smoody, Illinois State  
Lawson Montgomery, Wichita State  
Brady Fritz, Northern Iowa  
Omet Kak, Drake

### Men's Field

Jake DeJaugher, Illinois State  
Austin Bahner, Wichita State  
Brandon Pounds, Indiana State  
Daniel Gooris, Northern Iowa

### Women's Track

Audacia Moore, Wichita State  
Leeann Michl, Indiana State  
Amiris Warren, Southern Illinois  
Althia Maximilien, Missouri State  
Marissa Smith, Drake

### Women's Field

Tanya Friesen, Wichita State  
Kenya Culmer, Southern Illinois  
Jenna Wexter, Northern Iowa  
Kimsue Grant, Missouri State

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# 2012 MVC Indoor Track & Field News and Notes



## USTFCCA National Rankings Explanation

The United States Track & Field and Cross Country Coaches' Association national ranking are based on projected team scoring at the NCAA Championship meet. Preseason rankings are based solely on returning athletes' ranking on the national descending order list. Subsequent rankings will also use only the descending order list with current season results to rank the teams. Any team with a projected scorer at the NCAA meet will be ranked.

### USTFCCA Men's Indoor Rankings

RANK	J24	RANK	J31	RANK	F7
1	Arkansas 165.38	1	Arkansas 202.19	1	Arkansas 196.57
2	Florida 158.31	2	Florida 173.43	2	Florida 177.90
3	LSU 125.80	3	LSU 120.26	3	LSU 115.70
4	Florida State 87.24	4	Texas 101.46	4	Texas 100.28
5	Texas 85.92	5	Arizona 95.82	5	Arizona 91.78
6	Indiana 75.18	6	Florida State 90.63	6	Florida State 90.15
7	Stanford 74.27	7	Stanford 87.32	7	Stanford 82.67
8	Nebraska 73.84	8	Minnesota 78.57	8	Texas A&M 78.37
9	Texas A&M 73.28	9	Texas A&M 69.92	9	Virginia Tech 77.14
10	Arizona 72.12	10	Indiana 64.41	10	Minnesota 74.05
11	Ohio State 71.91	11	Nebraska 62.67	11	Oklahoma 66.50
12	Virginia Tech 70.17	12	Oklahoma 61.21	12	Indiana 63.78
13	Oklahoma 66.00	13	Virginia Tech 60.70	13	Nebraska 60.62
14	Kansas State 64.38	14	BYU 60.58	14	BYU 60.21
15	Wisconsin 63.91	15	Ohio State 59.56	15	Ohio State 56.97
16	BYU 59.40	16	Kansas State 59.08	16	Kansas State 56.68
17	Iowa 57.69	17	Mississippi 54.72	17	Wisconsin 54.67
18	Minnesota 54.09	18	Mississippi State 52.69	18	Mississippi State 54.40
19	Oregon 52.90	19	Iowa 51.04	19	Mississippi 53.58
20	Mississippi State 52.78	20	Oregon 46.46	20	Iowa 50.39
21	Mississippi 49.31	21	Wisconsin 42.89	21	Oregon 45.88
22	Iona 39.88	22	Georgia 37.80	22	Georgia 37.40
23	Georgia 37.79	23	Iona 32.54	23	Auburn 32.17
24	NC State 36.86	24	Northern Arizona 31.44	24	Arizona State 32.03
25	Northern Arizona 33.96	25	Auburn 31.23	25	Iona 31.43

### USTFCCA Women's Indoor Rankings

RANK	J24	RANK	J31	RANK	F7
1	Oregon 197.22	1	Oregon 202.99	1	Oregon 196.96
2	LSU 140.08	2	LSU 154.21	2	LSU 144.07
3	Arkansas 124.92	3	Arkansas 135.86	3	Clemson 135.97
4	Clemson 116.70	4	Clemson 121.46	4	Arkansas 125.83
5	Texas 112.36	5	UCF 107.90	5	UCF 102.75
6	UCF 110.77	6	Texas 107.72	6	Texas 100.18
7	BYU 84.89	7	BYU 76.71	7	BYU 91.78
8	Texas Tech 80.52	8	Texas Tech 76.60	8	Texas Tech 73.80
9	Florida State 59.58	9	Florida State 58.41	9	Texas A&M 71.02
10	Southern Miss 55.62	10	Arizona 58.14	10	Arizona 56.66
11	Texas A&M 53.81	11	Texas A&M 56.05	11	<b>Southern Illinois 55.17</b>
12	Arizona 53.12	12	Iowa State 55.73	12	Florida State 54.46
13	Georgia 52.20	13	Southern Miss 54.00	13	Georgia 53.59
14	Ohio State 52.09	14	Baylor 50.04	14	Iowa State 53.21
15	<b>Southern Illinois 51.14</b>	15	Ohio State 48.57	15	Baylor 51.78
16	Baylor 49.24	16	<b>Southern Illinois 48.46</b>	16	Southern Miss 50.72
17	Tennessee 48.65	17	Arizona State 46.82	17	Tennessee 49.13
18	Stony Brook 47.86	18	Tennessee 45.78	18	Ohio State 46.37
19	Oklahoma 46.78	19	Georgia 45.23	19	Oklahoma 44.12
20	Michigan 46.30	20	Oklahoma 44.36	20	Connecticut 42.06
21	Arizona State 45.32	21	Stanford 43.35	21	Arizona State 41.51
22	Connecticut 44.10	22	Stony Brook 41.40	22	Stony Brook 40.85
23	Villanova 40.06	23	Michigan 40.61	23	Stanford 39.17
24	Stanford 38.63	24	Connecticut 39.70	24	Kansas 39.07
25	Georgetown 34.57	25	Villanova 36.43	25	Michigan 37.06

#### 2012 Men's Track Athlete of the Week

1/17- Greggmar Swift, Indiana State  
 1/24- Greggmar Swift, Indiana State  
 1/31- Greggmar Swift, Indiana State  
 2/7- Greggmar Swift, Indiana State

#### 2012 Women's Track Athlete of the Week

1/17- Audacia Moore, Wichita State  
 1/24- Aliphine Tuliamuk, Wichita State  
 1/31- Aliphine Tuliamuk, Wichita State  
 2/7- Aisha Praught, Illinois State

#### 2012 Men's Field Athlete of the Week

1/17- J.C. Lambert, Southern Illinois  
 1/24- Major Clay, Indiana State  
 1/31- Daniel Gooris  
 2/7- J.C. Lambert, Southern Illinois

#### 2012 Women's Field Athlete of the Week

1/17- Jeneva McCall, Southern Illinois  
 1/24- Malaikah Love, Southern Illinois  
 1/31- Jeneva McCall, Southern Illinois  
 2/7- Felisha Johnson, Indiana State



**2012 State Farm  
 Missouri Valley Conference  
 Indoor T & F Championships  
 February 25 - 26  
 Cedar Falls, Iowa  
 University of Northern Iowa, host  
 UNI-Dome**

**2011 Champions  
 Men: Indiana State  
 Women: Wichita State**

## 2012 MVC Track & Field Schedules & Results



### Bradley Braves (W)

Date	Site	Location
J14	Iowa Open	Iowa City, Iowa. NTS
J21	Illini Classic	Champaign, Ill. NTS
J27-28	Indiana Relays	Bloomington, Ind. NTS
F10-11	Iowa State Classic	Ames, Iowa
F17	UMN Panther Tune Up	Milwaukee, Wis.
F25-26	State Farm MVC Indoor Championships	Cedar Falls, Iowa
M3	Alex Wilson Invitational	South Bend, Ind.
M9-10	NCAA Indoor Championships	Boise, Idaho



### Drake Bulldogs (M/W)

Date	Site	Site/Finish
D9	Iowa State Holiday Preview	Ames, Iowa NTS
J14	Graphic Edge Meet	Vermillion, S.D. NTS
J20-21	Iowa State Open	Ames, Iowa NTS
J27	Jack Jennet Invitational	Cedar Falls, Iowa NTS
F3-4	Frank Sevigne Husker Invitational	Lincoln, Neb. NTS
F9-11	Iowa State Classic	Ames, Iowa
F17	Iowa Invitational	Iowa City, Iowa
F25-26	State Farm MVC Indoor Championships	Cedar Falls, Iowa
M3	Iowa State Last Chance	Ames, Iowa
M9-10	NCAA Indoor Championships	Boise, Idaho



### Illinois State Redbirds (M/W)

Date	Site	Site/Finish
J14	Indiana State-Dual Meet	Normal, Ill. L: 167.5-138.5
J21	Elite Invitational	Madison, Wis. M: 2nd/5; W: 2nd/5
J27-28	Indiana Relays	Bloomington, Ill. NTS
F3-4	Mayo Invitational	South Bend, Ind. NTS
F10-11	Grand Valley State	Allendale, Mich.
F18	Purdue Boilermaker Invitational	West Lafayette, Ind.
F26-27	State Farm MVC Indoor Championships	Cedar Falls, Iowa
M4-5	Alex Wilson Invitational	South Bend, Ind.
M3	Last Chance Meet	Ames, Iowa
M9-10	NCAA Indoor Championships	Boise, Idaho



### Indiana State Sycamores (M/W)

Date	Site	Site/Finish
D9	Eastern Illinois Dual	Charleston, Ill. NTS
J14	Illinois State Dual	Normal, Ill. NTS
J21	Purdue Dual/Edmonds Cup	West Lafayette, Wis. M: 82-79, W: 73-89
J27-28	Indiana Relays	Bloomington, Ind. NTS
F3-4	Meyo Invitational	South Bend, Ind. NTS
F10-11	Grand Valley Big Meet Invitational	Allendale, Mich.
F17	EIU Friday Night Special	Charleston, Ill.
F25-26	State Farm MVC Indoor Championships	Cedar Falls, Iowa
M2-3	Alex Wilson Invitational	South Bend, Ind.
M9-10	NCAA Indoor Championships	Nampa, Idaho

## 2012 MVC Track & Field Schedules & Results



### Missouri State Bears (W)

Date	Site	Site/Finish
D2	ASU Kickoff Klassic	Jonesboro, Ark. NTS
J7	Bill Easton Classic	Lawrence, Kan. NTS
J13-14	Salukis Open	Carbondale, Ill. NTS
J27-28	Indiana University Relays	Bloomington, Ind. NTS
F3-4	Varsity Apartments Invitational	Wichita, Kan. 4th/7
F10-11	ISU Classic	Ames, Iowa
F10-11	Tyson Invitational	Fayetteville, Ark.
F26-27	State Farm MVC Indoor Championships	Cedar Falls, Iowa
M9-10	NCAA Indoor Championships	Nampa, Idaho



### Northern Iowa Panthers (M/W)

Date	Site	Site/Finish
D9	Cyclone Holiday Preview	Ames, Iowa NTS
J14	Panther Open	Cedar Falls, Iowa NTS
J20-21	Jack Johnson Classic	Minneapolis, Minn. NTS
J27-28	Jack Jennet Invitational	Cedar Falls, Iowa NTS
F4	Mevo Invitational	South Bend, Ind. NTS
F9-11	Iowa State Classic	Ames, Iowa
F25-26	State Farm MVC Indoor Championships	Cedar Falls, Iowa
M5-6	Iowa State Last Chance	Ames, Iowa
M9-10	NCAA Indoor Championships	Boise, Idaho



### Southern Illinois Salukis (M/W)

Date	Site	Site/Finish
J13-14	Saluki Open	Carbondale, Ill. NTS
J20-21	Gladstein Invitational	Bloomington, Ind. NTS
J27-28	Rod McCravy Invitational	Lexington, Ky. NTS
F3-4	SIU Invitational	Carbondale, Ill. M: 1st/9, W: 1st/10
F10-11	Iowa State Classic	Ames, Iowa
F17	EIU Friday Night Special	Charleston, Ill.
F26-27	State Farm MVC Indoor Championships	Cedar Falls, Iowa
M3-4	Alex Wilson Invitational	South Bend, Ind.
M9-10	NCAA Indoor Championships	Boise, Idaho



### Wichita State Shockers (M/W)

Date	Site	Site/Finish
J11-12	Herm Wilson Classic	Wichita, Kan. NTS
J21	Adidas Classic	Lincoln, Neb. NTS
J27	Jayhawk Classic	Lawrence, Kan. NTS
J27	Terrier Invitational	Boston, Mass. NTS
F3-4	Varsity Apartments Invitational	Wichita, Kan. M: 1st/5, W: 1st/7
F10-11	SPIRE Collegiate Invitational	Geneva, Ohio
F18	Nebraska Tune-Up	Lincoln, Neb.
F18	Kansas State Open	Manhattan, Kan.
F25-26	State Farm MVC Indoor Championships	Cedar Falls, Iowa
M9-110	NCAA Indoor Championships	Boise, Idaho